Effective Date: 1/18/2016

# St. Johns' Lutheran Ministries JOINT NOTICE OF PRIVACY PRACTICES

## THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW THIS NOTICE CAREFULLY.

If you have any questions about this notice, please contact the St. John's Lutheran Ministries Privacy Officer 3940 Rimrock Rd. Billings, MT 59102

This notice applies to the following entities:

- St. John's Lutheran Ministries
- Members of the St. John's Lutheran Ministries Medical Staff, Affiliated healthcare Providers, and other Providers authorized under the Bylaws to Provide Care at the facility, when providing care within the facility.

## OUR PLEDGE REGARDING MEDICAL INFORMATION

We understand that medical information about you and your health is personal. At St. John's Lutheran Ministries, we are committed to protecting the confidentiality of that information, wherever generated or used. For that reason, in most cases, your health care information may not be disclosed without your written authorization or permission. There are, however, reasons St. John's Lutheran Ministries may use or disclose information about you without your authorization, but in ways that protect your privacy and are required by state or federal law. We want you to understand these practices. This notice tells you about the ways in which we may use and disclose "protected health information" about you. We also describe your rights and certain obligations we have regarding the use and disclosure of medical information.

"Protected health information" is resident-identifiable information, whether oral, electronic, or paper, which is created or received by St. John's Lutheran Ministries and relates to a resident's health care or payment for the provision of health care. In this notice, we will also refer to "protected health information" as "medical information" or simply "information."

We are required by law to:

- Maintain the privacy or your protected health information;
- Give you notice of our legal duties and privacy practices with respect to protected health information; and
- Abide by the terms of St. John's Lutheran Ministries privacy notice currently in effect

# HOW WE MAY USE AND DISCLOSE PROTECTED HEALTH INFORMATION ABOUT YOU

The following categories describe different ways that we use and disclose protected health information, with an explanation and examples, in some cases. Not every use or disclosure in a category will be listed. However, all of the ways we are permitted to use and disclose information will fall within one of the categories.

**For Treatment.** We may use medical information about you to provide, coordinate, or manage your health care and related services, including coordination or management with a third party, consultation between health care providers, and the referral residents both within and outside of St. John's Lutheran Ministries. At St. John's Lutheran Ministries, we maintain an integrated medical record for our residents. Portions of this record are maintained electronically, and are accessible from computer workstations to assist healthcare professionals throughout St. John's Lutheran Ministries in caring for you. We may disclose information about you to doctors, nurses, technicians, medical students, or other personnel who are involved in taking care of you. For example, your internal medicine physician may share information regarding your diabetes with the orthopedic surgeon treating you for a broken leg because diabetes may slow the healing process. You may also be referred for rehabilitation either within or outside of St. John's Lutheran Ministries, and information will be shared to facilitate that referral.

**For Payment.** We may use and disclose medical information about you related to obtaining payment for the provision of health care. For example, we may need to give your health plan or other third party payor information about surgery you received at the hospital so that health plan or payer will pay us or reimburse you for the surgery. We may also tell your health plan about a treatment you are going to receive to obtain prior approval or to determine whether your plan will cover the treatment. We may also disclose information to another healthcare provider or entity eligible to receive such information for its own payment activities. For instance, if you are brought to a hospital by an ambulance, we may share information with the ambulance company to allow it to bill you or your insurer. We may also disclose certain limited information to consumer reporting agencies relating to collection of reimbursement.

**For Health Care Operations.** We may use and disclose medical information about you for our organizational operations. As an organization committed to providing high quality and efficient care, we use information to conduct quality assessment and improvement activities, to review the competence or qualifications of health care professionals and to conduct training and education programs so health care providers improve their skills and all personnel comply with applicable professional, licensure, safety and accreditation standards. We may also use and disclose medical information as part of any reorganization of operations, including one that results in a new or reorganized entity that is subject to privacy protections. Often we track information over time on resident care issues or combine medical information about many residents in order to engage in these operational activities.

**Our Electronic Medical Record System.** As an Affiliated Health Care Provider who participates in the Billings Clinic electronic medical record system, we have a vision to be a national leader in providing the best clinical quality, patient safety, service and value. Shared electronic medical records are one way we have worked towards that goal; therefore we are a part of the Organized Health Care Arrangement with Billings Clinic and its participating providers. In this arrangement, we share protected health information with each other as necessary to for treatment, payment and health care operations. The electronic medical record helps involved providers know a patient's entire health history, drugs that have been prescribed, and test results.

**For Research.** In most cases, we will seek your written authorization prior to engaging in research that involves use or disclosure of your medical information. For instance, in all research conducted under the auspices of the St. John's Lutheran Ministries Research Division that involves recruiting people to

participate in research on new pharmaceutical products, prior written authorization is sought. Such research is also subject to review by an Institutional Review Board ("IRB"), which is required by law to evaluate research to protect human subjects. Under limited circumstances, subject to IRB review, we may use and disclose medical information about you for research purposes without your authorization. In such situations, the IRB is required by law to evaluate proposed research projects to assure that the use or disclosure of protected health information involves no more than a minimal risk to the privacy of individuals and could not practically be conducted without a waiver of authorization and access to protected health information. In addition, use or access to information necessary for research purposes may be allowed without your authorization, before a request for IRB approval, to allow a researcher to prepare a research protocol or for similar purposes, so long as the medical information they review does not leave St. John's Lutheran Ministries.

<u>**Treatment Alternatives.**</u> We may use and disclose medical information to contact you about possible treatment options or alternatives.

<u>Health – Related Benefits and Services.</u> We may use and disclose medical information to contact you about health-related products or services we provide, including communications about health care provider networks, plans, and benefits.

**Fundraising Activities.** We may use certain information about you, or disclose information to St. John's Lutheran Ministries Foundation or a business associate, in an effort to raise funds for St. John's Lutheran Ministries. We will release only contact information, such as your name, address and phone number and the dates you received treatment or services at St. John's Lutheran Ministries. If you do not want St. John's Lutheran Ministries or St. John's Lutheran Ministries Foundation to contact you for fundraising efforts, you may "opt out" of future efforts by notifying St. John's Lutheran Ministries Foundation or St. John's Lutheran Ministries Privacy Officer in writing. We then will make good faith efforts not to contact you after we have received and processed your opt-out request.

**Directory Information.** Unless you request that such information not be released, we may disclose limited "directory information" about you while you are a resident at this facility or nursing home. Specifically, we may disclose your presence and general health condition to people who ask for you by name. If you authorize it, St. John's Lutheran Ministries may also disclose your religious affiliation to a member of the clergy, such as a minister, priest or rabbi, even if they do not ask for you by name. This is so your family, friends and clergy can visit you in the facility or nursing home and generally know how you are doing.

**Individuals Involved in Your Care or Payment for Your Care.** Unless you object, we may disclose to a family member, other relative, or a close personal friend, or any person you identify, protected health information directly relevant to that person's involvement with your care or payment related to your care. We will also disclose protected health information to an individual if we reasonably infer from the circumstances, based on the exercise of professional judgment that you do not object to the disclosure.

**Limited Uses When You Are Not Present or Are Incapacitated.** If you are not present or cannot agree or object to disclosure of information because of incapacity or an emergency circumstance, we will, in the exercise of professional judgment, disclose protected information in your best interests. We may use professional judgment and experience to make reasonable inferences of your best interest in allowing a person to pick up filled prescriptions, medical supplies, x-rays, or other similar forms of protected health information on your behalf. In addition, we may disclose medical information about you to an entity assisting in a disaster relief effort.

<u>In the Event of a Disaster.</u> We may disclose medical information about you to other health care providers and to an entity assisting in a disaster relief effort to coordinate care and so your family can be notified about your condition and location.

**Business Associates.** We may disclose medical information to business associates with whom we contract so they may provide services on behalf of St. John's Lutheran Ministries. We require all business associates to implement safeguards to protect medical information.

<u>As Required by Law.</u> We will disclose medical information about you when required to do so by federal, state or local law.

<u>To Avert a Serious Threat to Health or Safety.</u> We may use and disclose medical information about you when necessary to prevent or lessen a serious threat to your health and safety or the health and safety of the public or another person, unless that information is learned during counseling, therapy or treatment to affect the propensity to engage in such criminal conduct. Any disclosure, however, would only be to someone able to help prevent the threat.

# SPECIAL SITUATIONS

<u>Cancer Registry and Other Registries.</u> If you have been diagnosed with cancer we may release medical information about you to authorized cancer registries. We may also be permitted or required by law to release information to other registries. This information is aggregated with other information and is used to monitor current treatment practices and develop new protocols to treat cancer and other medical conditions.

<u>Military Personnel.</u> If you re a member of the armed forces, we may release medical information about you as required by military command authorities. We may also release protected health information about foreign military personnel to the appropriate foreign military authority.

**Worker's Compensation.** We may release protected health information bout you for workers' compensation or similar programs, in accordance with state law.

**<u>Public Health Risks.</u>** We may disclose protected health information about you for public health activities and purposes described below:

- To a public health authority authorized by law to collect information for the purpose of preventing or controlling disease, injury, or disability, including, but not limited to, the reporting of disease, injury, vital events such as births and deaths, conducting public health surveillance, investigations, and interventions, or, at the direction of a public health authority, disclosing information to an official of a foreign government agency that is collaborating with a public health authority;
- To a public health authority or other appropriate government agency authorized to receive reports of actual or suspected child abuse or neglect;
- To a person responsible for federal Food and Drug Administration activities for purposes related to the quality, safety or effectiveness of FDA-regulated products or activities;
- To a person who may have been exposed to a communicable disease or may be at risk for contracting or spreading a disease or condition, as authorized by law
- To an employer, when required by federal or state law, to conduct medical surveillance of the workplace or to evaluate whether and individual has a work-related illness or injury.

Victims of Abuse, Neglect or Domestic Violence. We may disclose protected health information about an individual we reasonably believe to be the victim of abuse, neglect or domestic violence to a person authorized by law to receive such reports. We will make this disclosure with the individual's agreement, or if the disclosure is required or authorized by law and we believe the disclosure is necessary to prevent harm to an individual or other potential victim. Also if the resident is incapacitated, we may disclose information to a person authorized to receive such reports, if that person represents that the protected health information is not intended to be used against the resident or individual and that an immediate enforcement activity depends upon the disclosure.

**Health Oversight Activities.** We may disclose medical information to a health oversight agency for activities authorized by law. These oversight activities include, for example, audits, investigations, inspections and licensure or disciplinary activities; legal proceedings or actions; or other activities necessary for appropriate oversight of the health care system, government benefit programs, and compliance with government regulatory or civil rights laws for which health information is necessary for determining compliance.

**Judicial and Administrative Proceedings.** If you are involved in a lawsuit or dispute, we may disclose medical information about you in response to a court or administrative order. We may also disclose medical information about you in response to a subpoena, discovery request, or other lawful process by someone else involved in the dispute, but only if efforts have been made to tell you about the request or obtain an order protecting the information requested, in the manner required by state or federal law, whichever is more stringent under the circumstances.

**Law Enforcement.** We may release medical information if asked to do so by the law enforcement official:

- as required by law that mandates reporting of certain types of wounds or injuries;
- in response to a court order, subpoena, warrant, summons or similar process;
- to identify or locate a suspect, fugitive, material witness, or missing person;
- about the victim of a crime if we obtain the individual's agreement or we receive certain representations from a law enforcement official and the disclosure is in the individual's best interest, in the exercise of professional judgment;
- about criminal conduct at St. John's Lutheran Ministries; and
- in emergency circumstances to report a crime, the location of the crime or victims, or the identity description or location of the person who committed the crime.

<u>Coroners, Medical Examiners and Funeral Directors.</u> We may release medical information to a coroner or medical examiner. This may be necessary, for example, to identify a deceased person or determine the cause of death. We may also release medical information about residents of the facility or nursing home to funeral directors as necessary to carry out their duties.

**Organ and Tissue Donation.** If you are an organ donor, we may release medical information to organizations that handle organ procurement or organ, eye or tissue transplantation or to an organ donation bank, as necessary to facilitate organ or tissue donation and transplantation.

**National Security and Intelligence Activities.** We may release medical information about you to authorized federal officials for intelligence, counterintelligence, and other national security activities by law.

<u>Protective Services for the President and Others.</u> We may disclose medical information about you to authorized federal officials so they may provide protection to the President, other authorized persons or foreign heads of state or to conduct special investigations authorized by law.

**Inmates.** If you are an inmate of a correctional institution or under the custody of a law enforcement official, we may release medical information about you to authorities for those facilities, if the correctional institution or law enforcement official represents that such information is necessary to provide you with healthcare; to protect you or other inmate's health and safety or the health and safety of others; for law enforcement on the premises of the correctional institution; or for the safety, security, and good order of the correctional institution.

<u>Specially Protected Health Information</u>. Unless otherwise required or permitted under law, use and disclosure of the following information is subject to additional privacy protections: AIDS/HIV/ARC information, mental health and mental illness records, drug addiction, alcoholism, and other substance abuse treatment records, developmental disability records, and genetic information.

**Incidental Disclosures.** Certain incidental disclosures of your medical information may occur as a byproduct of permitted uses and disclosures. For example, a visitor may inadvertently overhear a discussion about your care occurring at the nurse's station.

**Limited Data Sets.** We may disclose limited medical information to third parties for research, public health, and health care operations. Before disclosing such information, we will enter into an agreement that limits the recipient's use and disclosure of the information and prohibits the recipient from attempting to re-identify the data or contact you.

# OTHER USES OF MEDICAL INFORMATION

Other uses and disclosures of your health information will be mad e only with your written permission. If you provide St. John's Lutheran Ministries with an authorization, you may revoke it, in writing; at any time (unless you are informed otherwise at the time you sign the authorization). If you revoke permission, we will no longer use or disclose your health information for the reasons covered by the authorization. We are unable to take back any disclosures already made with your permission and are required to retain records of the care we provide to you.

# YOUR RIGHTS REGARDING MEDICAL INFORMATION ABOAUT YOU

You have the following rights regarding medical information we maintain about you:

**<u>Right Inspect and Copy.</u>** You have the right to inspect and copy medical information that may be used to make decisions about your care. Usually this includes medical and billing records, but does not include psychotherapy notes.

To inspect and copy medical information, you must submit your request in writing to St. John's Lutheran Ministries Medical Record Department. If you request a copy of the information, we may charge a fee for the costs of copying, mailing or other supplies associated with your request.

We may deny your request to inspect and copy in certain very limited circumstances. If you are denied access to medical information, you may request that the denial be reviewed. Another licensed health care professional chosen by St. John's Lutheran Ministries will review your request and the denial. The person conducting the review will not be the person who denied your request. We will comply with the

outcome of the review. In certain limited situations, we will have to deny your request for access but will not be able to give you a review.

**<u>Right to Amend.</u>** If you feel that medical information we have about you is incorrect or incomplete, you may ask us to amend the information. You have the right to request an amendment for as long as the information is kept by or for St. John's Lutheran Ministries in any of its locations.

To request an amendment, your request must be made in writing and submitted to St. John's Lutheran Ministries Medical Records Director. In addition, you must provide a reason that supports your request.

We may deny your request for an amendment if it is not in writing or does not include a reason to support the request. In addition, we may deny your request if you ask us to amend information that:

- was not created by us, unless the person or entity that created the information is no longer available to make the amendment;
- is not part of the medical information kept by or for St. John's Lutheran Ministries to make decisions about your health care;
- is not part of the information that you would be permitted to inspect and copy; or
- is accurate and complete.

If you disagree with our denial, you may submit a statement of disagreement or ask that your request become part of your record. In response, we may prepare a rebuttal as part of your record.

**<u>Right to an Accounting of Disclosures.</u>** You have the right to request an "accounting of disclosures" about your medical information. This accounting will not include disclosures for treatment, payment, or health care operations; for facility directory purposes, to persons involved in your care, or for the notification purposes; incidental to an otherwise permitted use or disclosure; to correctional institutions or other custodial law enforcement officials; as part of a limited data set; for national security or intelligence purposes; or that you authorized or requested.

To request this accounting, you must submit your request in writing to St. John's Lutheran Ministries Privacy Officer or to the Director of Medical Records. For an accounting of disclosures required to be maintained by federal law, your request must state a time period, which may not be longer that six years and may not include dates before April 14, 2003. Your request should indicate in what form you want the list (for example, on paper or electronically). The first list you request within a 12 month period will be free. For additional lists, we may charge you for the costs of providing the list. We will notify you of the cost involved and you may choose to withdraw or modify your request at that time before any costs are incurred.

**<u>Right to Request Restrictions.</u>** You have a right to request a restriction or limitation on our use or disclosure of your protected health care information. Such requests must be in writing. Because of the integrated nature of St. John's Lutheran Ministries delivery of health care, and the technical limitations of our electronic medical record, St. John's Lutheran Ministries may not be able to agree to your request. If we do agree to a restriction, we will comply with your request unless the information is needed to provide you emergency treatment.

To request restrictions, you must make your request in writing to St. John's Lutheran Ministries Privacy Officer. In your request you must tell us: (1) what information you want to limit; (2) whether you want to limit our use, disclosure or both ; and (3) to whom you want the limits to apply, for example, disclosures to your spouse.

**<u>Right to Request Confidential Communications.</u>** You have the right to request that we communicate with you about medical matters in a certain way or at a certain location. For example, you can ask that we only contact you at work or by mail. To request confidential communications, you must make your request in writing to St. John's Lutheran Ministries Privacy Officer. We will not ask you the reason for your request. We will accommodate reasonable requests. Your request must specify how or where you wish to be contacted.

**<u>Right to a Paper Copy of this Notice.</u>** You have the right to a paper copy of this notice. You may ask us to give you a copy of this notice at any time. Even if you have agreed to receive this notice electronically, you are still entitled to a paper copy of this notice.

You may obtain a copy of this notice at our website, sjlm.org

To obtain a paper copy of this notice, you may receive one at any registration desk or by submitting your request in writing to:

St. John's Lutheran Ministries Privacy Officer 3940 Rimrock Rd. Billings, MT 59102

## CHANGES TO THIS NOTICE

St. John's Lutheran Ministries reserves the right to change the term of this notice to make the new notice provisions effective for all protected health information St. John's Lutheran Ministries maintains, including information we already have about you. We will post a copy of the current notice in each facility within or organization as well as on our web-site. The notice will contain, on the first page, the effective date.

## COMPLAINTS

If you believe your privacy rights have been violated, you may file a complaint with St. John's Lutheran Ministries or with the Secretary of the Department of Health and Human Services. To file a complaint with St. John's Lutheran Ministries, contact:

St. John's Lutheran Ministries Privacy Officer 3940 Rimrock Rd. Billings, MT 59102

All complaints must be submitted in writing. You will not be penalized for filing a complaint.