

MARCH 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY























































































































THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

-  Physical
-  Emotional
-  Spiritual
-  Environmental
-  Vocational
-  Social
-  Intellectual

	01	02	03	04	05	06
	09:00a  wellness walks 09:15a  Morning Exercise 10:30a  Bible Study 12:00p  Lunch Board Chatter 02:00p  Name That Tune 03:00p Life Enrichment Resident Meeting	09:00a  wellness walks 09:15a  Morning Exercise 10:15a  Tuesday Trivia 02:00p  Bingo 02:00p  Water Walk and Stretch 03:00p  Fun w/Bridgett 06:15p  Movie	09:00a  wellness walks 09:15a  Morning Exercise 12:00p  Lunch Board Chatter 02:00p  Wii Bowling 04:00p  Happy Hour	09:00a  wellness walks 09:15a  Morning Exercise 10:15a  Jeopardy 02:00p  The Man Cave 02:00p  Water Walk and Stretch 03:30p  Worship 04:00p  4 UR Entertainment 06:15p  Documentary	09:00a  wellness walks 09:15a  Morning Exercise 10:15a  Sweets & Greetts 12:00p  Lunch Board Chatter 06:15p  Friday Night Flick	09:15a  Wellness Walks 06:15p  Saturday Matinee
01:30p  Sunday Matinee	09:00a  wellness walks 09:15a  Morning Exercise 10:30a  Bible Study 12:00p  Lunch Board Chatter 02:00p  Name That Tune	09:15a  Morning Exercise 10:15a  Tuesday Trivia 02:00p  Bingo 02:00p  Water Walk and Stretch 06:15p  Movie	09:15a  Morning Exercise 12:00p  Lunch Board Chatter 06:15p  Movie	09:15a  Morning Exercise 10:15a  Jeopardy 02:00p  Water Walk and Stretch 03:30p  Worship	09:15a  Morning Exercise 10:30a  Donuts & Dialog 12:00p  Lunch Board Chatter 06:15p  Friday Night Flick	09:15a  Wellness Walks 06:15p  Saturday Matinee
01:30p  Sunday Matinee	09:00a  wellness walks 09:15a  Morning Exercise 10:30a  Bible Study 12:00p  Lunch Board Chatter 02:00p  Name That Tune	09:15a  Morning Exercise 10:15a  Tuesday Trivia 02:00p  Bingo 02:00p  Water Walk and Stretch 06:15p  Movie	09:15a  Morning Exercise 12:00p  Lunch Board Chatter 06:15p  Movie	09:15a  Morning Exercise 10:15a  Jeopardy 02:00p  Water Walk and Stretch 03:30p  Worship	09:15a  Morning Exercise 10:30a  Donuts & Dialog 12:00p  Lunch Board Chatter 06:15p  Friday Night Flick	09:15a  Wellness Walks 06:15p  Saturday Matinee
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